How was the service executed

The service goals now had to be translated into a real-life set up. The variables at play were quite uncertain - from environment, weather, comfort to various moods and expectations of individual participants. It was important to ensure delivery at a standard (desired) experience for all participants - such that no one has an extreme undesired experience. The sensitivity around conversations and emotions of the seekers were kept at highest regard.

> "It was stressful, involved bit of brain in initial stages. Activities helped me release that stress. After activities and conversations I was able to feel happy & speak happy things"

Customer Enrollment

WhatsApp promotion and form link | Google Form for slot booking and registration | Email QR code for UPI payment | Payment confirmations and welcome coupon

- User resonated with messaging and the service; timing felt spot on
- User associated with the need and cost wasn't a concern anymore
- Smooth and hassle free registration and payment process
- Recommended to their friends as well

Onboarding

Greetings and introduce about service | Initial questions that nudge the thoughts towards service | Write a note

- What is it about your nature that doesn't enable the you within you?
- What makes you feel you are not enough? Ah, but how difficulty-eating for it?
- What is making it difficult for you to step on your (successful) trajectory?

- Happy about an early morning start
- User decided to trust the process
- The initial questions triggered the user, their previous writing habits added to the deeply felt emotions.

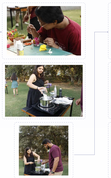
Mindful Exploration

Walk, explore, collect items | Dwelling over initial nudges | Nudge towards service goals

- Felt 'illegal' while plucking (juicy) flowers
- Freedom to explore; unaware of what's next in the service, thus simply followed instructions
- Unsure about what objects to pickup for decor
- Fear of being alone, missing out on time, thus returned early - felt like they could have explored more
- Noticed the beauty of premises which went unnoticed before
- Comparison with other participants to fill basket, became greedy

Hands-on Creativity

Instructions for activities | • prepare with workstations, tools • Place your materials and objects over fabric | Candle Jar decor | • Colours and fragrances • Melted Wax, Create and set candle • Wait for wax to settle | Natural dyeing to close hands-on session



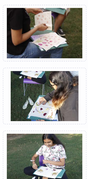
- Loved this part!
- Liked that participants were sharing collected objects and tips within each other
- Results came out to be much better than expected

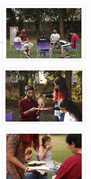
- The whole activity paid off too good; great feeling of doing by their own
- "I can do these activities more often"
- Natural behaviour of service facilitators helped them open up and relax

- People around me were appreciative, non-judgemental
- My mind was completely empty when hammering
- "I felt that we need this task where you don't have to think"
- The impression of natural dye when hammering was surreal

Conversations, Realisations

• Revealing tatski-zome dyeing work • Tough task to cut fabric in half | Questions to close loop from initial questions | Share stories, passions, ideas - things that make them happy | Appreciate good things in & around them | Write a note to retain powerful empowered thoughts | Close loop - hopeful, emotional, renewed | Tea and Feedback





- "I was unhappy with my final dye, it looked like a face - but others appreciated so it felt good"
- They were sad when half fabric had to be given away, didn't want to cut and give away

- Pen didn't work on the fabric, it was ruining the aesthetics
- Random card picking and discussion thereon felt safe and good
- They felt hungry towards the end - right when refreshments arrived

Goodbye

goodie bags and photos

- Nice surprise with the goodies!

Rasht Team